

Basic Broomball Rules

- All players must sign or have a parent sign a Amherst Recreation Department Release form prior to stepping on the ice.
- Game Basics: A game consists of 2 halves.
- Standard hockey goals will be used.
- A game consists of two, 15 minute running halves.
- Teams: Each team will have 6 players on the rink. All players must have a helmet and sneakers on. Elbow and knee pads are recommended but not mandatory.
- Substitutions can happen on the fly
- Brooms: Will be provided by the Amherst Recreation Department.
- Absolutely no Checking: Checking will result in player expulsion and the other team will automatically receive two points.
- High Broom: A high broom is called when the ball makes contact with the player’s stick above shoulder level. A minor penalty is called, unless an injury occurs as a result of the high broom, which is a major penalty.
- Penalties: Please refer to the official USA Broomball rule book for specific actions resulting in minor, major or game misconduct penalties. Penalties are marked as such:
Conduct: At no time may a player verbally or physically abuse an official.

<i>Minor</i>	<i>Major</i>	<i>Misconduct</i>
2 minutes	5 minutes	10 minutes

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